

“What the caterpillar calls the end of the world, the master calls a butterfly.”



Mission

Haven House is an emergency shelter and provider of services for victims of domestic violence and sexual assault. We have developed an individualized service plan to assist and assess the need to recognize the cycle of domestic violence. This approach provides victims with a means to establish direction in their lives. Haven House is committed to mending a broken heart and setting the captives free.

Services at Haven House

- Emergency shelter
- Crisis intervention & support services
- Safe temporary housing
- Advocacy & court liaison
- Support groups
- Referral services
- Community education

Located in Hammond, Indiana, Haven House serves Hammond, East Chicago, Whiting, Griffith, Munster, Highland, and surrounding communities

Haven House is a not-for-profit, charitable organization and is a United Way Agency



Transform Your Life

**HAVEN HOUSE
Family Advocacy Center
A temporary safe place...
a pathway to permanent solutions**

**P.O. Box 508
Hammond, Indiana 46325
(219) 931-2090**



www.HavenHouse.org

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Haven House

Family Advocacy Center



**Providing
Emergency Shelter
and Support Services
for Victims of Domestic Violence**

Transform Your Life

**24-Hour Crisis Line
(219) 931-2090
www.HavenHouse.org**

Domestic Violence is About Power and Control.

An Abuser...

- Threatens physical injury
- Verbally abuses
- Intimidates
- Displays jealousy
- Isolates you from your friends and family
- Blames others
- Threatens to take children away
- Forces you to have sex
- Controls your money
- Destroys personal property
- Will not take responsibility for abusive behavior
- Insists you are crazy

Since 1983 Haven House has been helping domestic violence victims and their children. Our services are free and confidential. The first concern at Haven House is to respond to a domestic crisis with safe emergency housing and the basic necessities. Our goal is to find long term solutions for each family by offering resources and referrals to agencies that can help establish independent living.

You Can Help Someone Who is being Abused

ACKNOWLEDGE that it is difficult to talk about domestic violence and that nothing makes the violence OK.

FOCUS on her strength, that she is not to blame, that she deserves a life free of violence.

SHARE INFORMATION of help available to battered women and their children. Be willing to confront her with the physical and/or emotional harm she and her children can suffer.

SUPPORT HER as a friend. Be a good listener, allowing her to make her own decisions, even if it means she isn't ready to leave the abusive relationship.

ASK if she has suffered physical or emotional harm. Go with her to the hospital or help her report assaults to the police, if she chooses.

HELP PLAN SAFE strategies, but never encourage her to take action that she believes will put her at further risk. And remember, she may not feel comfortable taking this material with her.

Abuse is A Crime

If you are being abused, it is not your fault. You did nothing to deserve abuse. You can take steps to protect yourself and your children.

Tips For A Safety Plan

- During an explosive incident, move to a room with easy access to an exit – not a bathroom, kitchen, or anywhere near weapons.
- Identify the quickest route out of your home and practice it.
- Ask trusted neighbors to call police if they hear a disturbance.
- Devise a code word to be used with your children, family, and friends when you need the police.
- Think of how to best keep safe until help arrives.

If the situation is very dangerous, consider giving the abuser what he wants to calm him down. You have the right to keep yourself safe until you are out of danger.

Volunteers

You can help Haven House by...

- Supporting the capital campaign.
- Making annual contributions to the operating fund.
- Donating items needed by the shelter such as home furnishings, clothing, toiletries, diapers, food, and kitchen items.
- Helping with cooking & baking.
- Assisting in the office.
- Joining the speaker's bureau.

**YOU HAVE CHOICES
YOU ARE NOT ALONE
(219) 931.2090**

